

**Foundation Wrestling Camp REGISTRATION FORM**

(Coaches are to provide me with one form per wrestler upon our arrival to the workshop)

Camp date and location you are registering for:

**Wrestler's Name:**

**Parents' Names:**

(Dad)

(Mom)

**Age at camp:** \_\_\_\_\_ **Height:** \_\_\_\_\_

**Approx. Weight:** \_\_\_\_\_

**Address:**

(Street Address)

(City) (State) (zip)

**Insurance Company:**

**Policy #:** \_\_\_\_\_

**Phone #:** \_\_\_\_\_

**E-mail:** (This is important for camp updates regarding check-in, session assignments, bunk assignments, etc. These are NOT used for solicitation and will not be shared with third parties!)

**Emergency Contact Info:**

Home Phone: \_\_\_\_\_

Parents' Work Phone: \_\_\_\_\_

\_\_\_\_\_  
(Dad) (Mom)

Parents' Cell Phone: \_\_\_\_\_

\_\_\_\_\_  
(Dad) (Mom)

**Medical Release**

Waiver: My son/daughter has been examined by a physician in the last year and is in good health. I hereby

authorize the Takedown Machine Staff and Purler Wrestling, Inc. to act for me, according to its best judgment

in any medical emergency, and I hereby waive and release

Purler Wrestling, Inc. from any liability for injuries or illness

incurred by my son/daughter while attending camp.

All

information I have provided on this application is true and

correct.

Signature

\_\_\_\_\_  
Printed Name

\_\_\_\_\_  
Date

Price will be 250.00 1st child  
200.00 for 2nd child in same  
family money order or check  
made out to Low Country  
Gladiators and mail to address  
on bottom of flyer

40 wrestler cap so your wrestler  
get more one on one time. They  
will not share mats with hun-  
dreds of wrestlers.

Each family will get a set of  
FOUNDATION WRESTLING  
DVD'S

You can break payment in two  
125.00 now and 125.00 by July  
8th.

Please call or email before you  
send payment to ensure camp is  
not full.

**Low country Gladiators**

205 David Dr  
Ladson S.C. 29456

Phone:843-709-9805

Phone:843-425-3064

E-mail: bte0304@yahoo.com

**Low Country Gladiators**

WRESTLING CAMP WITH  
PURLER WRESTLING  
ACADEMY  
JULY 18TH –22ND  
HOSTED BY THE LOW  
COUNTRY GLADIATORS AT  
ALSTON MIDDLE SCHOOL



## Mission

Our goal is to cover 80 – 90% (or more... depending on the level of expertise of your team) of the FOUNDATION series that you picked and to put your team through the paces. We will not only educate and teach your wrestlers, but also put them through the necessary intensive drill sessions so that they actually 'learn' what was covered. While most camps are 'clinic-style' camps where the kids simply 'learn a move and try it, learn a move and try it', our workshops, and any Purler Wrestling camps or clinics for that matter, are 'training-camps' where we will put the workers to work in a drill intensive format so that each wrestler develops the necessary muscle memory to become a better wrestler. Of course any review and 'filling-in-the-blanks' that the kids must do can be easily done since each will receive a copy of that DVD

We at Foundation Wrestling know the importance of having a wrestling training system— an organized plan to follow with tactics that are tried and tested. And through experience, these tactics are honed, and molded into a working routine. When the question is asked: “How do you become a CHAMPION wrestler?” The answer is immediate, and comes without hesitation. Our coaches know the answer! The answer that can only be found at Foundation Wrestling. Become a better wrestler. Become a better coach.

Foundation Wrestling is an approach to training developed by Nick Purler (former All-American for Oklahoma State University) in order to more effectively train his students at Purler Wrestling Academy (operating in Missouri, Kansas, and Illinois). Purler Wrestling Academy first opened its doors in November of 1999, and has since grown to become the largest and one of the most successful wrestling academies in the nation. Since then, PWA students have been winning every major wrestling award on the youth national level and PWA high school students have been earning college wrestling scholarships at an accelerated rate with many Freshman state champs and Cadet / Junior National All-Americans each year. We encourage you to visit our site for details on Purler Wrestling Academy and see our 'Medal Count' pages where you'll find that hundreds of our students have made national wrestling acclaim by placing in national wrestling events. All were trained with the FOUNDATION WRESTLING™ SYSTEM.



**Camp session times will be**  
9:00 – 11:30 // 12:45 – 3:00 //  
3:15 – 4:15 (hard wrestling)  
5 day camps times shown  
above However, the last day  
will end at 3 pm sharp.

Location of camp

Alston middle school  
500 Bryan Street  
Summerville S.C. 29483

Please bring a bag lunch and  
water to drink

Any question please call and  
don't miss out on a great  
camp first 40 kids paid....

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**Low country Gladiators**

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Ladson S.C. 29456

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